Fistura®

Radiofrequency treatment of anal fistulas



Fistura®

A new radiofrequency procedure for the treatment of anal fistulas

Fistura[®] is a minimally invasive technique that seals the fistula tract without having to open the anal sphincter.

The procedure is based on the method of thermocoagulation – utilising the emission of electromagnetic waves at a very high frequency (4MHz). The technique is safe, efficient and does not damage surrounding tissue.

This new treatment for anal fistulas is performed in a day-case or outpatient setting. The procedure takes only a few minutes to fulfil with minimal discomfort for the patient, allowing an immediate return to daily activities.



The 4 phases of thermocoagulation

- **lonic** agitation
- Vaporisation and dehydration of the tissue
- Denaturation of proteins
- Coagulation by thermal destruction



Advantages



For the patient

- + Minimally invasive (no incision)
- + Quick procedure
- + Comparatively little or no pain
- + Minimal post-operative care
- + Immediate return to daily activities

For the practitioner

- + Alternative to more invasive techniques
- + Sphincter-saving technique: no faecal incontinence
- + Simple to perform
- + Quick and efficient procedure
- + Safe control of energy, avoiding damage to surrounding tissue and muscles
- + Suitable for patients with Crohn's disease
- + Minimal post-operative care

The Fistura[®] procedure



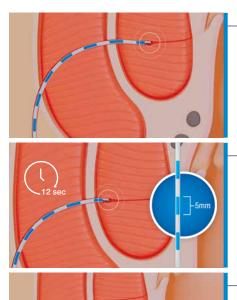




- The fistula should be drained prior to surgery using a seton to clean the tract and prevent infection.
- -2 The tract is cleaned using a fistula brush prior to inserting the catheter.

-3 The internal opening of the anal fistula is closed with a cross suture.

 Choose the appropriate sized catheter (6F to 9F) that suits the diameter of the fistula. The catheter is inserted into the anal fistula from the external opening until it reaches the closed internal end.



- **5** Ensure the correct settings on the device and then press the generator pedal to deliver the power.
- 6 Gradually withdraw the catheter, half a centimetre at a time, according to the beeps generated by the device.
 ± 5 mm (= 1 marking) every 12 seconds
- 7 During the procedure, regularly clean the catheter tip. Reinsert and proceed.

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8 Work from end to end. Occasionally check that the tract is closed by pushing the catheter back to see if it re-advances. Generally, the tract will seal immediately and the catheter will not be able to re-advance.

Equipment

1. Catheters

The flexibility of the Fistura[®] catheters is a key advantage that allows you to easily follow the path of the anal fistula – it will allow you to close the fistula along its entire length.

Depending on the diameter of the anal fistula, a range of different catheter sizes is available (from 6F to 9F).

The thermal effect around the catheter tip has a 3 mm radius, thus avoiding damage to surrounding tissue or muscle.







Technical specifications

| French size | 6F | 7F | 8F | 9F |
|------------------------|--------------------------|---------|---------|---------|
| Catheter diameter | 2 mm | 2.33 mm | 2.66 mm | 3 mm |
| Catheter weight | 40 g | 41 g | 42 g | 43 g |
| Catheter length | 350mm | | | |
| Marking | every 5 mm | | | |
| Insulating material | PFTE | | | |
| Tip length | 4 mm | | | |
| Tip material | stainless steel AISI316L | | | |
| Extension cable length | 2.5 m | | | |
| Medical device | class IIb | | | |
| Product reference | 05FIS6F | 05FIS7F | 05FIS8F | 05FIS9F |



Equipment

2. Radiofrequency generators

Depending on your medical discipline, you can choose to use either the Rafaelo® or MedRF4000® generator.

The Rafaelo[®] generator is suitable for all applications in proctology. Both anal fistulas and haemorrhoids can be treated with this device.

The MedRF4000[®] can be used for multiple treatments with radiofrequency energy. It's a smart all-in-one generator to which you can connect all sorts of disposables. Adding a treatment to the device takes a simple software installation.

Both devices are monopolar and generate 4MHz radiofrequency waves which are transmitted to the tip of the connected utensil. The energy application is controlled by a foot pedal.

The generators are easy to use and have pre-set parameters for each treatment. They do not require any special/regular maintenance other than the standard annual PAT testing.

Rafaelo[®] generator



Plug & play device Touchscreen operated Display of time and energy (Joules) Foot switch energy control tor Evaluation: For treatment of Anal fistulas Haemorrhoids Saphenous veins Collateral and perforating veins

For treatment ofAnal fistulas

Haemorrhoids

• Telangiectasia



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- Plug & play device
- Touchscreen operated
- User-friendly interface
- Time and energy display on tilted screen
- Foot switch energy control
- Export of individual procedure settings via USB key

MedRF4000[®] generator





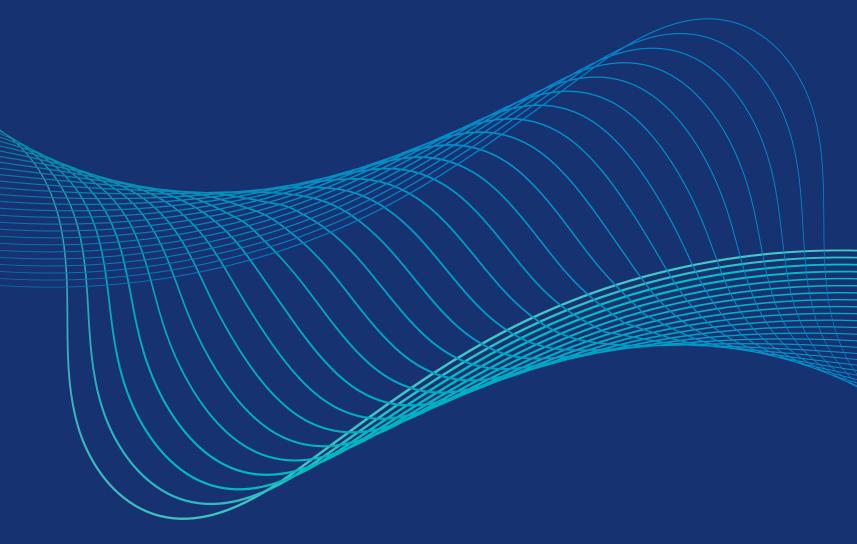
Technical specifications

| Rafaelo [®] generator | | |
|--------------------------------|-----------------------------|--|
| Technology | monopolar RF generator | |
| Output Frequency | 4 MHz | |
| Dimensions | W 360mm x D 280mm x H 120mm | |
| Supply voltage | 110-230 V / 50-60 Hz | |
| Max. input power | 125 VA | |
| Output setting | 25 W | |
| Applied parts classification | type BF | |
| Weight | ± 4 kg | |
| Product REF | 00RAFAELO | |

| MedRF4000 [®] generator | | |
|----------------------------------|--------------------------------|--|
| Technology | monopolar RF generator | |
| Output Frequency | 4 MHz | |
| Dimensions | W 252 mm x D 245 mm x H 185 mm | |
| Supply voltage | 110-230 V / 50-60 Hz | |
| Max. input power | 125 VA | |
| Output setting | 100% (25 W) | |
| Applied parts classification | type BF | |
| Weight | ± 5 kg | |
| Product REF | 00MEDRF4000 | |







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